

# All inclusive Supported respite holidays

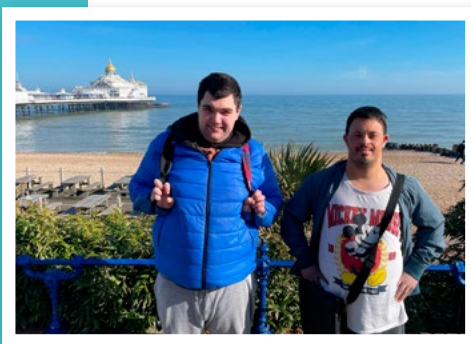
For adults with learning disabilities  
or autism spectrum conditions

## 2026



## Nutley Edge Activity Breaks

Providing supported  
holidays for over 10 years



[www.outward.org.uk](http://www.outward.org.uk)  
Watch us on YouTube.  
Search 'Nutley Edge'

**outward**  
part of the Newlon Group

# Enjoy a great holiday on one of our activity breaks

Set against the magical backdrop of the Ashdown Forest, in East Sussex our five-day themed breaks offer something for everyone.

From beaches to bonfires, our holidays are packed with exciting activities in the local area and on our beautiful grounds. Guests who prefer a more relaxed holiday are free to discover our wildlife trail, play our outdoor games or explore our 11-acre site. Adventure and relaxation awaits!



## Accommodation

Guests stay in one of our charming two-bedroom cottages or our 17th century farmhouse. Every property is equipped with a flat screen TV and Wi-Fi, and all guests have their own bedroom at no additional cost.

A number of our properties are also wheelchair accessible.



Our all-inclusive pricing means everything is taken care of from the moment guests arrive at our meeting point in London or near Nutley Edge, to the moment they return. Just bring your spending money.



## Support on an activity break

Our experienced team are always on hand to ensure our guests have a safe and enjoyable stay.

On average, we provide one staff member for every four guests, however we can work with you to arrange increased support if needed.



## Our breaks for 2026

These may include the following activities:

### Reboot and recharge

Take a step back and unwind with relaxation workshops, good recipes and a well-earned massage.

**19-23 January**

### Winter warmer

A warm and cosy countryside break with art, baking, bowling and movie nights.

**16-20 February**

### Food lovers

Brush up on your cooking skills and get ready to taste some fabulous meals!

**9-13 March**

### Harry Potter theme

Get into the wizarding world of Hogwarts quizzes, Harry Potter themed cooking sessions, castle visits and costume competitions!

**16-20 March**

### Arts and crafts

Be inspired by art and craft activities and visits to local galleries.

**6-10 and  
20-24 April**



### Sightseeing

Have fun visiting the local sights.

**11-15 May**

### History and mystery

Discover local castles, museums myths and legends.

**18-22 May**

### Sports and outdoor pursuits

An action packed week of archery, a day trip to an adventure park, yoga, forest school crafts and bowling.

**8-12 June**

### Fun and games

Get ready for a week of fun, games and adventures.

**22-26 June**

### Mad about animals

Get closer to nature with visits to local farms and wildlife centres.

**6-10 July**

### Summer holiday

Enjoy a week of fun, games, good food and a splash around.

**3-7, 10-14 and  
17-21 August**

### Halloween and bonfire night

Dress up, toast marshmallows, enjoy sparklers and a bonfire.

**26-30 October**

### Pampering

Treat yourself to a pampering break in beautiful surroundings.

**9-13 November**

### Festive break

All the fun of Christmas shopping, mince pies, decoration making and of course a turkey dinner!

**3-7 December and  
14-18 December**

# Get **£50 off** your next break

Already a devoted Nutley Edge fan?

When you refer a friend who has never been on one of our supported holidays before, you can get £50 off your next break!

Refer  
a friend



Prices start from £1,345.

For booking and price enquiries or to schedule an assessment, call us on **01825 712377** or email us at **[activitybreaks@outward.org.uk](mailto:activitybreaks@outward.org.uk)**

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