

# **Sebert**

#### Newham, E7

Sebert is a 24-hour supported living service with 4 bedrooms, empowering young adults with a learning disability to achieve their goals and enhance independence and life skills.

- 1 wheelchair accessible bedroom
- Shared facilities including garden
- Near to local amenities including shops, restaurants and leisure facilities
- Close to transport links to Stratford and central London
- Staff are experienced and well trained in supporting adults with a range of support needs

#### **Transport links include:**



🕨 Forest Gate (7 minutes 🏌)



58, 308, 330 (7 minutes **١**)



Wanstead Park (8 minutes 🕏 )









## Why choose Outward

For 50 years, Outward has been empowering people with learning disabilities, autistic adults, young people, and older people to live their lives to the fullest.

Our staff are trained to enable the people they support to maximise their independence and be active members of the local community.

#### **Engaging Community programming**

Our dedicated Community Engagement team works with the people we support and well-being experts to co-produce impactful programming for the Outward community.

This year, the people we support have enjoyed:

- Friendships Programmes
- · Healthy Cooking Classes
- Sports Programmes
- Community Socials and Awards Nights

### The Next Steps

If you'd like to find out more or speak with a member of our team, contact us at:



info@outward.org.uk



0208 980 7101



www.outward.org.uk

For all safeguarding related enquiries, please contact Desislava Nikolova by email on <a href="mailto:DNikolova@outward.org.uk">DNikolova@outward.org.uk</a> or by phone on 07872502093

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