

All inclusive Supported respite holidays

For adults with learning disabilities
or autism spectrum conditions



Nutley Edge
Activity Breaks

2025



Only one and a half hours from London



www.outward.org.uk
Watch us on YouTube.
Search 'Nutley Edge'

outward
part of the Newlon Group

Enjoy a great holiday on one of our activity breaks

Set against the magical backdrop of Ashdown Forest, our five-day themed breaks offer something for everyone.

From beaches to bonfires, our holidays are packed with exciting activities in the local area and on our beautiful grounds. Guests who prefer a more relaxed holiday are free to discover our wildlife trail, play our outdoor games or explore our 11-acre site.

Adventure and relaxation awaits!



Our all-inclusive pricing means everything is taken care of from the moment guests arrive at our meeting point in London or near Nutley Edge, to the moment they return. Just bring your spending money.

Accommodation

Guests stay in one of our charming two-bedroom cottages or our 17th century farmhouse. Every property is equipped with a flat screen TV and WI-FI, and all guests have their own bedroom at no additional cost.

A number of our properties are also wheelchair accessible.

Support on an activity break

Our experienced team are always on hand to ensure our guests have a safe and enjoyable stay.

On average, we provide one staff member for every four guests, however we can work with you to arrange increased support if needed.



The activities may include the following:

Reboot and recharge

Take a step back and unwind with relaxation workshops, good recipes and a well-earned massage.

13–17 January

Winter warmer

A warm and cosy countryside break with art, baking, bowling and movie nights.

17–21 February

Food lovers

Hone your baking skills, try out new recipes and enjoy local restaurants.

17–21 March

Arts and crafts

Be inspired by art and craft activities and visits to local galleries.

7–11 and 21–25 April

Sightseeing

Have fun visiting the local sights.

12–16 May

History and mystery

Discover local castles, museums myths and legends.

19–23 May

Sports and outdoor fun

An action packed week of archery, a day trip to an adventure park, yoga, forest school crafts and bowling.

2–6 June

Fun and games

Get ready for a week of fun, games and adventures.

16–20 June



Mad about animals

Get closer to nature with visits to local farms and wildlife centres.

21–25 July

Summer holiday

Enjoy a week of fun, games, good food and a splash around.

4–8, 11–15 and 18–22 August

Halloween and bonfire night

Dress up, toast marshmallows, enjoy sparklers and a bonfire.

27–31 October

Pampering

Treat yourself to a pampering break in beautiful surroundings.

24–28 November

Festive break

All the fun of Christmas shopping, mince pies, decoration making and of course a turkey dinner!

4–8 December and 15–19 December

Get £50 off your next break

Already a devoted Nutley Edge fan? When you refer a friend who has never been on one of our supported holidays before, you can get £50 off your next break!

Refer a friend



Prices start from £1,215.

For booking and price enquiries or to schedule an assessment, call us on **01825 712377** or email us at **activitybreaks@outward.org.uk**

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