

All inclusive Supported respite holidays

For adults with learning
disabilities or on the
autism spectrum



Nutley Edge
Activity Breaks

2024



www.outward.org.uk
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outward
part of the Newlon Group

Enjoy a great holiday on one of our activity breaks

Set against the magical backdrop of Ashdown Forest, our five-day themed breaks offer something for everyone.

From beaches to bonfires, our holidays are packed with exciting activities in the local area and on our beautiful grounds. Guests who prefer a more relaxed holiday are free to discover our wildlife trail, play our outdoor games or explore our 11-acre site.

Our all-inclusive pricing means everything is taken care of from the moment guests arrive at our meeting point in London or near Nutley Edge, to the moment they return. Just bring your spending money.

Adventure and relaxation awaits!



Accommodation

Guests stay in one of our charming two-bedroom cottages or our 17th century farmhouse. Every property is equipped with a flat screen TV and WI-FI, and all guests have their own bedroom at no additional cost. A number of our properties are also wheelchair accessible.



Support on an activity break

Our experienced team are always on hand to ensure our guests have a safe and enjoyable stay. On average, we provide one staff member for every four guests, however we can work with you to arrange increased support if needed.



Our activity breaks include:

Reboot and recharge

Take a step back and unwind with relaxation workshops, 'superfood' recipes and a well-earned massage.

22-26 January

Winter warmer

A warm and cosy countryside break with art, baking, bowling and movie nights.

19-23 February and 11-15 November

Food lovers

Hone your baking skills, try out new recipes and enjoy local restaurants.

11-15 March

Spring break

Visit gardens, enjoy nature and learn forest school crafts.

18-22 March

Arts and crafts

Be inspired by art and craft activities and visits to local galleries.

8-12 April and 2-6 September

East Sussex sightseeing

Hop aboard a steam train and discover local castles and museums.

13-17 May

History and mystery

Discover local castles, museums myths and legends.

27th - 31st May

Sports and outdoor fun

An action packed week of archery, a day trip to an adventure park, yoga, forest school crafts and bowling.

3-7 June and 10-14 June



Fun and games

Get ready for a week of fun, games and adventure with trips to fun fairs and Knockhatch adventure park.

17-21 June

Mad about animals

Get closer to nature with visits to local farms and wildlife centres.

8-12 July and 22-26 July

Summer holiday

Stroll along the beach at the seaside, enjoy a BBQ, bowling and unwind.

5-9, 12-16 and 19-23 August

Pampering

Treat yourself to a pampering break in beautiful surroundings.

26-30 August

Halloween and bonfire night

Dress up, toast marshmallows, enjoy sparklers and a bonfire.

28 October - 1 November

Festive break

All the fun of Christmas shopping, mince pie baking, decoration making and of course a turkey dinner!

2-6 December and 16-20 December



Refer a friend

Get £50 off your next break

Already a devoted Nutley Edge fan? When you bring along a friend who has never been on one of our Nutley Edge supported holidays before, you can get £50 off your next break!



For booking and price inquiries or to schedule an assessment, call us on **020 8980 7101** or email us at **info@outward.org.uk**.

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