



## Enjoy a great holiday on one of our activity breaks

Cook up a storm, get creative, visit local animal sanctuaries, explore the local history or have fun at an adventure park. The choice is yours on our five-day holidays! The all-inclusive price covers high-quality accommodation, transportation, all meals, all activities and staff support.

Our breaks are suitable for adults with a learning disability and adults on the autism spectrum, and we provide an average of one member of staff to every four guests. However, for guests who require a higher level of support, we are happy to discuss individual needs and arrange a package with increased support.

### Food lovers

Hone your baking skills, try out new recipes and enjoy local restaurants.



MARCH

### Mad about animals

Get closer to nature with visits to local farms and wildlife centres.



JULY

### Summer holiday

Stroll along the beach in Eastbourne, enjoy a BBQ, bowling and unwind.



AUGUST

### Halloween and Bonfire Night

Dress up, toast marshmallows, enjoy sparklers and a bonfire.



OCTOBER

## Even more great breaks ...

### Winter warmer

A warm and cosy countryside break, with art, baking, bowling and movie nights.

JANUARY

FEBRUARY

### East Sussex sightseeing

Hop aboard a steam train and discover local castles, museums, myths and legends.

MAY

### Arts and crafts

Be inspired by art and craft activities and visits to local galleries.

APRIL

SEPTEMBER

### Sports and outdoor fun

An action packed week of archery, a day trip to an adventure park, yoga, forest school crafts and bowling.

JUNE

### Pampering weekend

Unwind with relaxing treatments, retail therapy and yoga on our pampering break.

NOVEMBER

### Festive break

All the fun of Christmas shopping, mince pie baking, decoration making and of course a turkey dinner!

DECEMBER



**Staff are excellent and know how to deal with our young person – their understanding of special needs was important to us and evident to see.**

**Parent of Activity Breaker**



## Accommodation

You will be staying in one of our beautiful cottages, all grouped around a central courtyard and 17th century Old Farmhouse.

All cottages have two bedrooms, a large bathroom, a fully-equipped kitchen and open-plan lounge with flat-screen TV. We have two wheelchair-accessible cottages with level access and adjustable beds.

Bedding and towels are provided, and there is WIFI available in all the cottages.



## Support on an Activity Break

At Nutley Edge we have a team of welcoming and experienced activity co-ordinators and staff. There is 1:4 support available throughout each Activity Break (four guests to one support worker). We provide general day-to-day prompting, support and supervision to ensure all guests have a safe, engaging and enjoyable stay.

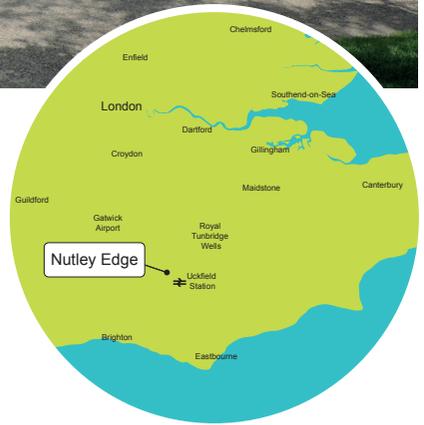




## We are very easy to find ...

Nutley Edge Cottages, Horney Common, Uckfield, East Sussex, TN22 3EE.

Nutley Edge is on the A22 near the village of Nutley, East Sussex. The town of Uckfield is four miles further south along the A22 towards Eastbourne.



## Getting there

We arrange coaches to transport any guests living in London to and from Nutley Edge. We leave from our Wood Street office. However, guests are free to make their own way to Nutley Edge. Please get in touch and we will explain how to get there.

## 2022 prices

Prices for our Activity Breaks start at £865 per person. This is for five days and four nights.

The price of each Activity Break includes all accommodation, transportation, all meals, all activities and staff support throughout.

## How to book

Places are limited.

To book or for any more information, please do get in touch.

We look forward to hearing from you.



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