



# Barnabas is open for referrals

**Supported living for adults with autism spectrum conditions**

Barnabas is a new supported living service providing **people with autism the opportunity to have their own flat in the heart of Hackney in East London, where they can enjoy their own space, learn skills and develop their independence with the assurance of having on hand support from a caring and skilled team 24 hours a day.**

The service is based in a refurbished townhouse, located in a quiet area of Hackney. It is close to Homerton Overground and the buses. The townhouse consists of four self-contained, one-bedroom flats. There is also an enclosed courtyard at the back, which staff and tenants will use for barbeques and other social gatherings.

## To make a referral

To make a referral, or to find out more, email: Przemyslaw Paskowski (Team Manager) [PPaskowski@outward.org.uk](mailto:PPaskowski@outward.org.uk) or Kirsty Horrigan (Support Coordinator) [Khorrigan@outward.org.uk](mailto:Khorrigan@outward.org.uk). Alternatively, contact the Outward Business Team [info@outward.org.uk](mailto:info@outward.org.uk) (020 8980 7101).



## About Barnabas

Barnabas provides a specialist service for adults with autism spectrum disorders and learning disabilities, including those who require positive behaviour support. It aims to support those who require high levels of support throughout the day, on a one-to-one basis, up to seven days a week.



A fully-trained staff team will be on hand to provide high-quality support and care, incorporating the latest innovative techniques alongside positive behaviour support plans tailored to each tenant.

Staff will provide support with key life skills, such as cooking and communications. People will be encouraged to attend college and use services in the local area. The service is part of the local community and staff will support people to be part of it too.

Staff seek to support people to learn life skills and more broadly make them more independent. Staff will adopt the latest technologies (integrated sensors, wearables, Alexa, and in-home communication aids) to support independent living and so enhanced quality of life. Alerts will be personalised for each individual and complement the work undertaken by staff. All the work will be delivered in a friendly, homely environment, suitable for those with good mobility.



## About Outward

Barnabas is run by Outward, which is part of the Newlon Group. For 40 years, Outward has been providing high-quality support and care services to people in London. Set up by parents of disabled children looking for alternatives to institutional care provision, our aim is to support people to have genuine control over their lives, play an active role in the community, accept responsibilities and develop as individuals. Outward supports people to make positive choices and take advantage of local

Outward aims to uphold the rights of each person we support, encourage and promote independence, give choice at every opportunity, and ensure inclusion in its service delivery. People are supported to develop life skills and the confidence needed to sustain their tenancies and live independently, as well as being provided with opportunities to take part in social activities in their schemes and the local community.

Outward Housing trading as Outward is a company limited by guarantee. Registered office: Newlon House, 4 Daneland Walk, Hale Village, London N17 9FE. Registered company no. 2151434, registered charity no. 800529, registered CQC no. CRTI - 439476463

