

Supported Holidays

2019

for adults with
learning disabilities
or on the autism
spectrum



Nutley Edge
Activity Breaks

Holidays
are all
inclusive



Watch us on YouTube. Search 'Nutley Edge'



www.outward.org.uk


part of the Newlon Group

Enjoy a great holiday on one of our Activity Breaks

Visit local wildlife parks, become a Masterchef, climb castle turrets or just relax in your cottage. The choice is yours on our five-day holidays! The all-inclusive price covers high-quality accommodation, transportation, all meals, all activities and staff support.

Our breaks are suitable for adults with a learning disability and adults on the autism spectrum, and we provide an average of one member of staff to every four guests. However, for guests who require a higher level of support, we are happy to discuss individual needs and arrange a package with increased support.

MARCH

Food Lovers

Hone your baking skills, try out new recipes and enjoy local restaurants.



JULY

Mad about Animals

Get closer to nature with visits to local farms and wildlife centres.



AUGUST

Summer Holiday

Soak up the sun in Brighton, enjoy a summer BBQ and unwind.



OCTOBER

Halloween and Bonfire Night

Dress up, toast marshmallows, enjoy sparklers and a bonfire.



Even more great Breaks ...

Arts & Crafts

Get creative with photography, art, woodcraft, tie-dye and much more.

APRIL

East Sussex Sightseeing

Hop aboard a steam train and discover local castles, museums, myths and legends.

MAY

Sports and Outdoor Pursuits

Enjoy the great outdoors on this action-packed five day Activity Break.

JUNE

Pampering weekend

Treat yourself to some rest and relaxing treatments on our pampering break.

NOVEMBER

Festive Fun

All the fun of Christmas, with shopping, carols, tree decorating and a turkey dinner.

DECEMBER

SEPTEMBER

Accommodation

You will be staying in one of our beautiful cottages, which are grouped around a central courtyard and 17th century Old Farmhouse.

All cottages have two bedrooms, a large bathroom, a fully-equipped kitchen and open-plan lounge with flat-screen TV. We have two wheelchair-accessible cottages with level access and adjustable beds.

Bedding and towels are provided, and there is WIFI available in all the cottages.

I like the games,
dancing and singing.
I like everybody here.
I made new friends here.

Susan, Activity Breaker

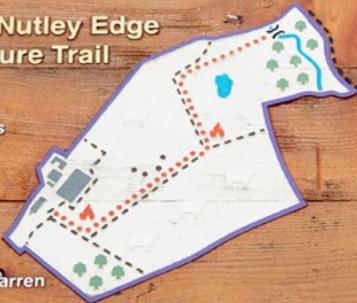


Support on an Activity Break...

Map of Nutley Edge and Nature Trail

Key

- Cottages
- Path
- Firepit
- Woods
- Pond
- Stream
- Sheep
- Rabbit Warren
- Fence



At Nutley Edge we have a team of welcoming and experienced activity co-ordinators and staff. There is 1:4 support available throughout each Activity Break (four guests to one support worker). We provide general day-to-day prompting, support and supervision, to ensure all guests have a safe, engaging and enjoyable stay.

Our address

Nutley Edge Cottages,
Horney Common,
Uckfield,
East Sussex, TN22 3EE.

Nutley Edge is on the A22 near the village of Nutley, East Sussex. The town of Uckfield is 4 miles further south along the A22 towards Eastbourne.

We are very easy to find.



Transportation

We arrange coaches to transport any guests living in London to and from Nutley Edge. We leave from our centre in Hackney. Guests are, however, free to make their own way to Nutley Edge. Please just get in touch and we will explain how to get there.

2019 prices

Prices for our Activity Breaks start at £780 per person. This is for five days and four nights.

The price of each Activity Break includes all accommodation, transportation, all meals, all activities and staff support throughout.

How to book

Places are limited. To book on or for any more information, please do get in touch. We look forward to hearing from you.



020 8980 7101



info@outward.org.uk

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