

# Century Court

**Housing with Care for older people,  
including people with learning disabilities**

Clapton  
London E5

## In brief

- Located in Clapton, Hackney.
- Consists of 37 x 1-bed self-contained flats, plus 3 x 2-bed self-contained flats.
- Client group is adults aged 55 and older who are in need of care and support; 13 flats designated for adults aged 55+ with learning disabilities.
- Outward housing support staff on site weekdays; Hackney care staff on site 24 hours every day.
- Referral to all units through Hackney Council's waiting list. However, please feel free to contact us with any questions.
- Communal facilities - lounges and dining areas, internet café, activities room, laundry, courtyard on ground floor and patios at various floor levels, car park, staff offices, 2 lifts, 24 hour emergency alarm.
- Close to local shops, bus routes, Overground station and medical centre.
- Regular social activities, run by Outward, Hackney care and Age UK.

**For further details,  
please contact:**

**Nasreen Golamnohee**  
Scheme Manager



**020 8442 9884**



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## About the service

Outward, part of the Newlon Group, is a registered charity providing support services across North, East and South East London to a range of vulnerable people, promoting improved choice and greater independence. At Century Court, our staff provide the support and housing management services, whilst the London Borough of Hackney's on-site care team provide personal and domiciliary care. We work in close partnership with many other agencies, including Hackney's Provided Services Care Team, Adult Social Care and Community Mental Health Teams.



## Aim of service

Outward's team follows these key principles: to uphold the rights of each customer, encourage and promote independence, give choice at every opportunity and ensure inclusion in our service delivery. Customers are supported to maintain life skills and confidence needed to sustain their tenancy and live independently in their homes, as well as providing opportunities to take part in social activities in the scheme and local community.

## Type of support

Our support is tailored to meet each customer's individual needs and includes:

- Working jointly with the care team to support customers to maintain the skills needed to carry out household tasks, such as cooking, cleaning and shopping.
- Supporting customers with welfare benefits and access to specialist advice.
- Supporting customers to access local amenities such as healthcare, leisure activities and befriending.
- Supporting customers to have positive relationships with others, including family and friends.
- Supporting customers to keep their flats well-repaired and homely, and to uphold health and safety in the communal parts of the scheme.

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