

# Autism Spectrum Disorder (ASD) Specialist Service

Helping adults on the autism spectrum become more independent

- ✓ adults on the autism spectrum
- ✓ living in Camden, Enfield, Hackney, Haringey, Islington, Newham, Redbridge, Tower Hamlets or Waltham Forest\*
- ✓ who want a service tailored to meet individual needs, to support them to live the lives they want to lead.

\*work in other boroughs also potentially available upon request

engaging, enabling, empowering



## Why choose the ASD Specialist Service?

We have years of experience working **across** the autism spectrum and can help you with:

- **communication needs** – improving your communication skills, whether you are verbal or non-verbal
- **sensory needs** – developing strategies to help you better manage your sensory needs
- **challenging behaviour** – developing effective coping strategies
- **anxiety** – helping you to reduce and better manage anxiety
- **outcome-focussed teaching** – taking small steps to support you to experience success and develop motivation and self-esteem.

## A multidisciplinary approach

We liaise closely with relevant professionals and parents/carers to make sure that we provide a cutting-edge service that caters to real needs.

## Individual needs

The support we offer each customer is unique, based upon the customer's own individual needs.

## A personal touch

We organise regular, ongoing meetings with parents/carers, send invitations to quarterly events, and produce a monthly newsletter.

## How else can this service help me?

Our friendly and dedicated team, who all receive specialist ASD training, will help you with:



Support at home or out and about



Support with personal care



Support on weekdays and weekends



Accessing community activities



Independent travel training



Accessing health services

... and much more

## How can I access this service?

To access the ASD Specialist Service, you can be referred to us by a friend, family member, advocate or referral agent, or you can refer yourself. Referral agents can include:

- GPs and Clinical CHC Nurse Practitioners
- Psychologists and psychiatrists
- Speech and language therapists
- Occupational therapists.

For all referrals, please use the contact information on the back of this leaflet.



## Interested in accessing the ASD Specialist Service?

For more information, pricing and referrals, please get in touch:



020 8980 7101



[info@outward.org.uk](mailto:info@outward.org.uk)

We welcome all enquiries. Even if you don't know exactly what kind of support you want, please contact us and we will help you with your support needs.

## Outward is a registered charity and is a member of the Newlon Group

We provide a range of services for people with learning disabilities, ASD, mental health issues, older people and young people at risk. We welcome enquiries for any of our services. Please get in touch:

Call us on **020 8980 7101**

Email us at [info@outward.org.uk](mailto:info@outward.org.uk)

Visit our website at [www.outward.org.uk](http://www.outward.org.uk)

Outward Housing trading as Outward is a company limited by guarantee.

Registered office: Newlon House, 4 Daneland Walk, Hale Village, London, N17 9FE.

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