

All inclusive **Supported respite holidays**

For adults with learning
disabilities or on the
autism spectrum

www.outward.org.uk

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Nutley Edge
Activity Breaks

2021



**"I always look
forward to
coming back to
Nutley Edge"**

outward
part of the Newlon Group

Enjoy a great holiday on one of our activity breaks

Visit local wildlife parks, become a Masterchef, climb castle turrets or just relax in your cottage. The choice is yours on our five-day holidays! The all-inclusive price covers high-quality accommodation, transportation, all meals, all activities and staff support.

Our breaks are suitable for adults with a learning disability and adults on the autism spectrum, and we provide an average of one member of staff to every four guests. However, for guests who require a higher level of support, we are happy to discuss individual needs and arrange a package with increased support.

MARCH

Food lovers

Hone your baking skills, try out new recipes and enjoy local restaurants.



JULY

Mad about animals

Get closer to nature with visits to local farms and wildlife centres.



AUGUST

Summer holiday

Soak up the sun in Brighton, enjoy a summer BBQ and unwind.



OCTOBER

Halloween and Bonfire Night

Dress up, toast marshmallows, enjoy sparklers and a bonfire.



Even more great breaks ...

Winter warmer

A warm and cosy farmhouse break with art, baking, bowling and trips to the cinema.

East Sussex sightseeing

Hop aboard a steam train and discover local castles, museums, myths and legends.

Arts and crafts

Be inspired by art and craft activities and visits to local galleries.

Sports and outdoor fun

Enjoy an action-packed five-day break with a trip to an adventure park, archery and boccia.

Pampering weekend

Treat yourself to some rest and relaxing treatments on our pampering break.

Festive break

All the fun of Christmas, with shopping, carols, tree decorating and a turkey dinner.

APRIL

FEBRUARY

MAY

SEPTEMBER

JUNE

NOVEMBER

DECEMBER



Thanks for giving MP such a tremendous holiday. He came back so animated and happy ... I am sure it has done wonders for his confidence and self-esteem!

Parent of Activity Breaker

Accommodation

You will be staying in one of our beautiful cottages, which are grouped around a central courtyard and 17th century Old Farmhouse.

All cottages have two bedrooms, a large bathroom, a fully-equipped kitchen and open-plan lounge with flat-screen TV. We have two wheelchair-accessible cottages with level access and adjustable beds.

Bedding and towels are provided, and there is WIFI available in all the cottages.



Support on an Activity Break

At Nutley Edge, we have a team of welcoming and experienced activity co-ordinators and staff. There is 1:4 support available throughout each Activity Break (four guests to one support worker). We provide general day-to-day prompting, support and supervision, to ensure all guests have a safe, engaging and enjoyable stay.



We are very easy to find ...

Nutley Edge Cottages, Horney Common,
Uckfield, East Sussex, TN22 3EE.

Nutley Edge is on the A22 near the village
of Nutley, East Sussex. The town of Uckfield is
four miles further south along the A22
towards Eastbourne.



Getting there

We arrange coaches to
transport any guests living
in London to and from
Nutley Edge. We leave from
our centre in Hackney.
However, guests are free
to make their own way to
Nutley Edge. Please get in
touch and we will explain
how to get there.

2021 prices

**Prices for our Activity
Breaks start at £850 per
person. This is for five
days and four nights.**

The price of each
Activity Break includes
all accommodation,
transportation, all meals,
all activities and staff
support throughout.

How to book

Places are limited.
To book or for any more
information, please do
get in touch.
We look forward to
hearing from you.



020 8980 7101



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