

volunteering

Make a valuable contribution to the people in your local community. Whether you are getting involved for personal or professional reasons, volunteering at Outward has something to offer you.



Volunteers are an important part of our history – we were established by volunteers in 1975 and to this day continue to be run by a voluntary Board of Trustees. As such, we truly value their impact on the people we support. We are accredited by 'Investors in Volunteers' and meet the national standards of best practice in training and supporting volunteers.



supporting volunteers to make a difference

Our volunteers significantly change people's lives. We support them to do this by providing excellent training, support and regular social events – we have even developed a social networking site that allows them to stay in touch. We provide accommodation for full time volunteers and we hold annual celebration events to recognise achievement and say 'thank you' for the difference they make.

the 'Integrate' programme – engaging vulnerable people with their communities

'Integrate' supports older people, former street homeless, young people and people with learning disabilities who receive varying degrees of professional support. We match volunteers with

vulnerable people across north and east London to support them in becoming actively involved with their local communities, improve their independent living skills and stop them from becoming socially isolated.

the Inspired to Volunteer programme – supporting vulnerable people to make a difference

Inspired to Volunteer is part of London 2012's Inspire Programme which 'recognises outstanding non-commercial projects and events inspired by the 2012 Olympic Games.' The programme supports and develops vulnerable people to engage with a range of environmental volunteer projects that improve the local area in preparation for the Games.

specialist volunteers

We work with industry professionals who support our charity to undertake specific projects. They provide a range of professional services including Art Therapy, Photography and Film-Making.

corporate volunteering

Our partnerships with private sector companies provide valuable opportunities for the people that use our services. Previous partners include J.P. Morgan, a city based financial firm who funded a very successful 'Art House Day' for people with learning disabilities, which was attended by a team of staff from their graduate programme.

Denise is a person with learning disabilities – this is what she says about her volunteer:

“Jessie is my volunteer and she takes me to my art class and disco. I like her a lot. One day my art class was closed and I was sad. Jessie took me to buy flour and eggs and helped me to make pancakes instead. It really cheered me up. She said that I am doing well and she wants to cook with me more often. Last week we made chocolate muffins! Everyone wanted to try them, it made me very proud. Jessie takes her time talking to me and helps me a lot; I feel that she really understands me.”

Olu volunteers to support older people living in the community – this is what she says:

“Outward has really opened my eyes to working in housing. I thought housing was a general department but now I understand how complex it can be – especially when supporting vulnerable people. My role is diverse and every day is different. I support older people to get out and about, help run a coffee morning and help the staff with some of the things that they do.”

Katie is a deputy service manager at Outward – this is what she says about our volunteers:

“The volunteers at Outward are fantastic! They are committed, highly motivated and add so much value to the service. Their input means that the support we provide is even more person centred. I receive very positive feedback from our service users who are simply delighted by the volunteers’ positive attitude and commitment.”



...and this is what our volunteers say

“Everyone is treated as an individual.”

“Outward really appreciate what I do, they always say thank you and feedback on my work – I feel trusted and respected.”

“I have gained a lot from this experience – it has changed my views on disability.”

“I have learnt a lot about how a learning disability can impact on someone’s life.”

For more information about volunteering with Outward please email volunteer@outward.org.uk or call us directly on 020 8980 7101.

Bengali

আপনি যদি এই তথ্য আপনার নিজের ভাষায় পেতে চান তাহলে কর্মচারীদের একজন সদস্যকে জিজ্ঞাসা করুন।

Arabic

إذا ما رغبت في الإطلاع علي هذه المعلومات بلغتك الخاصة قم فضلا بطلب ذلك من أحد أعضاء الطاقم .

French

Si vous souhaitez ces informations dans votre langue maternelle, veuillez le demander à un membre du personnel.

Gujarati

જો તમને આ માહિતી તમારી પોતાની ભાષામાં જાણતી હોય તો સ્ટાફના સભ્યને પૂછવા વિનંતી

Somali

Haddii aad jeclaan lahayd in ay macluumaadkaani ku qoran yihiin luqadaada/afkaaga, fadlan weydiiso qof ka mid ah shaqaalaha.

Sorani

گەر ئەم زانیاریه به زمانی خۆت دهخواییت ، تکایه داوا له ئەندامیکی ستاف بکه .

Spanish

Si desea recibir esta información en su idioma, pídasela a un miembro del personal.

Turkish

Bu bilginin konuştuğunuz dile çevrilmesini istiyorsanız, lütfen bir görevliye bildirin.

Urdu

اگر آپ یہ معلومات خود اپنی زبان میں حاصل کرنا چاہیں تو براہ کرم عملے کے کسی فرد سے کہیں۔

If you would like this information in large print, audio, Braille, any other language or format, please ask a member of staff.

Outward is a registered charity and is a member of the Newlon Group.

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